Take a breath, relax and color with me.
CREATE 4 DIFFERENT MOODS

Draw in a face, then color, and write down the matching feeling below.

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BE MINDFUL WITH BARBIE® & HER FRIENDS

Take a breath, relax and color.
BRINGING YOU SMILES DIRECTLY FROM THE BARBIE® DREAMHOUSE

Can you name Barbie’s five friends shown below? Then color in for some fun!

1. ____________ 2. ____________ 3. ____________ 4. ____________ 5. ____________
GET ACTIVE WITH BARBIE®
Show Barbie what you can do by rolling this playful activity cube.

STEP 1  Color each square
STEP 2  Cut out entire shape by following the solid line
STEP 3  Fold tabs in along the dotted lines
STEP 4  Fold squares in to create a cube
STEP 5  Tuck in tabs and fasten with tape

MOVE LIKE A ROBOT

DANCE

SING A SONG

RUN IN PLACE

STRETCH JUMPING JACKS

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SHARE A LITTLE BARBIE® SUNSHINE

Make someone smile today, send them a message to say “hello”.

**STEP 1** Write or draw a little message in the center

**STEP 2** Write 1 kind word about them in each sun ray

**STEP 3** Decorate & color

**STEP 4** Cut out along solid line

**STEP 5** Fold in sun rays along dotted line

**STEP 6** Give to someone special
BARBIE® WANTS TO KNOW
WHAT’S IN YOUR HAPPINESS JAR

Decorate it. Write down all the things that make you feel happy in this jar. Then hang it on your wall.